

3-day Mens Health Ride - Day 3

522.6 kilometers

Leg	Dir	Type	Notes	Total
	↑	Straight	Continue straight onto Murray River Rd/C546	6.3
4.7	↑	Straight	Continue straight onto Brooke St	11.0
0.9	←	Left	Turn left onto Towong Rd	12.0
3.2	←	Left	Turn left onto Tooma Rd	15.2
11.2	→	Right	Turn right to stay on Tooma Rd	26.4
42.8	↑	Straight	Continue onto William St	69.2
1.1	↑	Straight	Continue onto Regent St	70.3
0.4	→	Right	Turn right onto Winton St	70.7
0.2	←	Left	Turn left onto Bridge St	70.9
0.1	→	Right	Turn right onto The Parade	71.1
0.0	←	Left	Turn left onto Albury St	71.1
2.1	→	Right	Turn right onto Courabyra Rd	73.2
12.9	←	Left	Turn left onto Batlow Rd	86.2
20.0	←	Left	Turn left onto Old Tumbarumba Rd	106.1
11.7	↑	Straight	Continue onto Greenhills Rd	117.8
3.3	→	Right	Turn right onto Wondalga Rd	121.1
11.8	↑	Straight	Continue onto Selwyn St	132.9
1.2	←	Left	Turn left onto Tumut St	134.1
1.2	→	Right	Turn right onto Quartz St	135.3
0.3	←	Left	Quartz St turns slightly left and becomes Grahamstown Rd	135.6
13.6	↑	Straight	Continue onto Adelong Rd	149.2
4.2	←	Left	Turn left	153.3
0.1	←	Left	Turn left onto Adelong Rd	153.5
2.3	←	Left	Turn left onto Sylvias Gap Rd	155.8
0.4	→	Right	Turn right onto Old Hume Hwy	156.2
0.1	→	Right	Turn right onto Hume Hwy/M31	156.3
24.9	↑	Straight	Take the exit	181.2
0.2	→	Right	Slight right	181.4
0.3	↑	Straight	Take the ramp to Hume Hwy/M31	181.7
0.4	↑	Straight	Merge onto Hume Hwy/M31	182.1
2.0	↑	Straight	Take the exit towards Coolac Rd	184.1
0.9	↑	Straight	Merge onto Coolac Rd	185.0

3.9	←	Left	Turn left onto Muttama Rd	188.9
25.4	→	Right	Turn right onto Old Gundagai Rd	214.3
22.4	→	Right	Turn right onto Olympic Hwy/A41	236.7
4.5	↑	Straight	At the roundabout, take the 3rd exit onto Burley Griffin Way/Victoria St/B94	241.2
24.7	←	Left	Turn left onto Cunningar Rd	265.8
26.9	←	Left	Turn left to stay on Cunningar Rd	292.7
3.6	←	Left	Turn left onto Lachlan Valley Way/B81	296.3
2.1	→	Right	Turn right onto Trucking Yard Rd	298.4
0.7	↑	Straight	Continue onto Dillon St	299.0
0.3	←	Left	Turn left onto Farm St	299.4
1.2	→	Right	Turn right towards Ford St	300.6
0.4	←	Left	Turn left onto Ford St	301.0
0.5	↑	Straight	Continue onto North St	301.5
0.3	←	Left	Turn left onto Rugby Rd	301.8
40.1	↑	Straight	Continue onto Narrawa Rd	342.0
3.3	↑	Straight	Continue onto Boorowa Rd	345.3
35.1	←	Left	Turn left onto Binda Rd	380.4
13.4	↑	Straight	Continue onto Queen St	393.8
2.6	↑	Straight	Continue onto Jct Point Rd	396.4
36.6	↑	Straight	Continue onto Bathurst St	433.0
0.8	↑	Straight	Continue onto Abercrombie Rd	433.8
9.1	↑	Straight	Continue onto Goulburn Rd	442.9
18.5	↑	Straight	Continue onto Arthur St	461.4
0.8	↑	Straight	Continue onto Hobbys Yards Rd	462.2
14.6	↑	Straight	Continue onto Three Brothers Rd	476.9
12.1	→	Right	Turn right towards Back Creek Rd	489.0
0.5	←	Left	Turn left onto Back Creek Rd	489.4
1.5	←	Left	Turn left towards Caloola Rd	491.0
0.0	←	Left	Turn left onto Caloola Rd	491.0
0.0	→	Right	Sharp right onto Wimbledon Rd	491.0
13.3	←	Left	Turn left	504.4
0.6	←	Left	Turn left onto Trunkey Rd	505.0
3.4	←	Left	Turn left onto Rockley St	508.3
0.4	←	Left	Slight left onto Trunkey Rd	508.7
3.7	↑	Straight	Continue onto Vale Rd	512.4

7.5	↑	Straight	Continue onto Alpha St	519.9
0.9	←	Left	Turn left onto Russell St	520.8
0.3	↑	Straight	At the roundabout, take the 3rd exit onto Havannah St	521.1
0.5	←	Left	Turn left onto Durham St	521.6
0.4	←	Left	Turn left onto Durham St/Great Western Hwy/A32	522.0
0.3	→	Right	Turn right onto William St	522.3
0.2	←	Left	Turn left onto Elizabeth St	522.5

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